



EVENT REPORT FORM 1

Project title	Strengthening Capacities for Higher Education of Pain
	Medicine in Western Balkan countries
Project acronym	HEPMP
Project reference number	585927-EPP-1-2017-1-RS-EPPKA2-CBHE-JP
Coordinator	University of Belgrade
Project start date	October 15, 2017
Project duration	36 months

Event	Training of the existing teaching staff from Partner Countries at Programme Countries March 12-16, 2018
Type of event	Meeting
Venue	Ljubljana
Date	March 12-16,2018
Organizer	Univerity of Ljubljana, Medical Faculty
Reporting date	1.4.2018
Report author(s)	Maja Šoštarič

¹This form has to be filled by event organisers and sent on e-mail address: hepmperasmus.ka2@med.bg.ac.rs five days after event. The term event relates to the meetings, workshops, exhibitions, conferences, etc....





Project number: 585927-EPP-1-2017-1-RS-EPPKA2-CBHE-JP (2017 – 3109 / 001 – 001)

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EVENT DESCRIPTIONwith special reference to goals and outcomes

Number of participants at the event	15
Participants (organisations)	UB, UK, UT, UBL, UP, UF, ULJ, UR, UHDM

Event description:

University of Ljubljana organized the meeting as the part of Erasmus + programme HEPMP. The Faculty of Medicine Ljubljana and University Medical Centre Ljubljana were recognized as partners in this project who could offer knowledge and good experience for improvement pain medicine in partner countries from West Balkan especially in undergraduate education, perioperative and obstetric pain management.

Programme consisted of lectures and visiting the departments in MF and UMC Ljubljana.

The first day of the meeting was dedicated to the introduction of undergraduate and post graduated education at MF Ljubljana and introduction of curriculum of specialization of anesthesiology, reanimatology and perioperative intensive care. In the discussion, the participants agreed that there is still space to improve the education on pain medicine especially in the undergraduate programme. The plan was made to implement pain medicine as obligatory and optional subject at the partners' universities.

On the second day, the participants visited the Pain clinic which is a part of Clinical department of anesthesiology and perioperative Intensive Care at UMC Ljubljana. The clinic is established interdisciplinary with cooperation of anesthesiologists, neurologists, orthopedics and psychiatrists. The Pain clinic is also the leading institution in the education of other specialists who are involved in pain management as general practitioners, pediatrician, surgeons and others. In the discussion, everyone agreed that the possibilities for the exchange of the experts' opinion will improve with the introduction of platform for pain medicine.

Pain management in obstetrics in UMC Ljubljana was not entirely introduced in the everyday clinical practice since a few years ago. With the well-planned education and development of protocols for pain management a progress was achieved in this field in UMC Ljubljana. The experience how to improve clinical practice for obstetric pain management was presented by the team of





anesthesiologists and obstetrician. The participants from partners' universities discussed the currently practice in their countries.

The lectures on the fourth day of the meeting were dedicated to the development of acute pain service in the UMC Ljubljana. In Ljubljana, acute pain service treating mainly pain after surgery has a 20 years tradition. Acute pain service was established 20 years ago as the part of Clinical department of anesthesiology and perioperative intensive care. The main task of the service is to develop program and protocols for postoperative pain management. For this purpose special form and protocols for the evaluation of management of postoperative pain was introduced. The group of experts in this field are the leading in the education of hospital staff who is included in postoperative pain management. The plan is to organize the courses in the partners' countries for the education of surgical staff and to adopt the protocols for the postoperative pain management. The participants came to the conclusion that a lot has been done in the partners' countries already but postoperative pain management is still not routinely a part of post-operative treatment of surgical patients. To routinely assess the intensity of pain postoperatively and record it as the fifth vital signs is the first step that should be done in partners' countries. All the participants decided to organize courses to train the teachers who would be able to continue the education and establish the Acute pain service as a part of all anesthesiology departments. The experts from programme countries are willing to cooperate and transfer their experience. The protocols and education program will be adopted, modified if necessary and introduced in every day clinical practice.

The last day was dedicated to discussions about research and publication on pain management. They all agreed that also this subject is important to improve pain management on all levels.

The participants visited two simulation centers as the modern education methods involve work in simulation center and discussed the possibilities to establish education for pain management.

The members of Erasmus + HEPMP program plan activity:

- 1. organization 'teach the teachers' course for postoperative pain management
- 2. introduction of pain assessment into every day clinical practice as the fifth vital sign
- 3. introduction of subject Pain medicine in the undergraduate education on the Universities
- 4. organization of course for improvement of obstetrics pain management.





Attachments

Agenda (pdf)	Program draft 14, HEPMP book
Attendance sheet (pdf)	Title
Photos (jpg)	Title(s)
News form (pdf)	Title
Deliverable (pdf)	Title of document
Presentations (pdf)	Title(s)
Other personal remarks	





Organisation	details
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Invitation sent to	All partners and programs universities
Date of event material release	10.3.2018
Date of participants list's finalisation	1.3.2019
Date of agenda finalisation	1.3.2019
Number of participants (according to the participants list)	13
Comments	

Problems encountered during the event preparation phase

Please add your comments, if any:	

Strengths and limitations of the event (please include comments received)

Strengths of the event and contributions or activities by participants	
Suggestions for the improvement	
Any further comments	

Evaluation details

Results of evaluation of the general organisation of the event



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_Ljubljana, 29.9.2018		Maja Šoštarič