

HEPMP

Higher Education Pain Medicine Project



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**Strengthening Capacities for Higher Education of Pain
Medicine in Western Balkan countries – HEPMP**

Stepped Care Model for Pain Management

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“Multidisciplinary Virtual Pain Team Consultation”

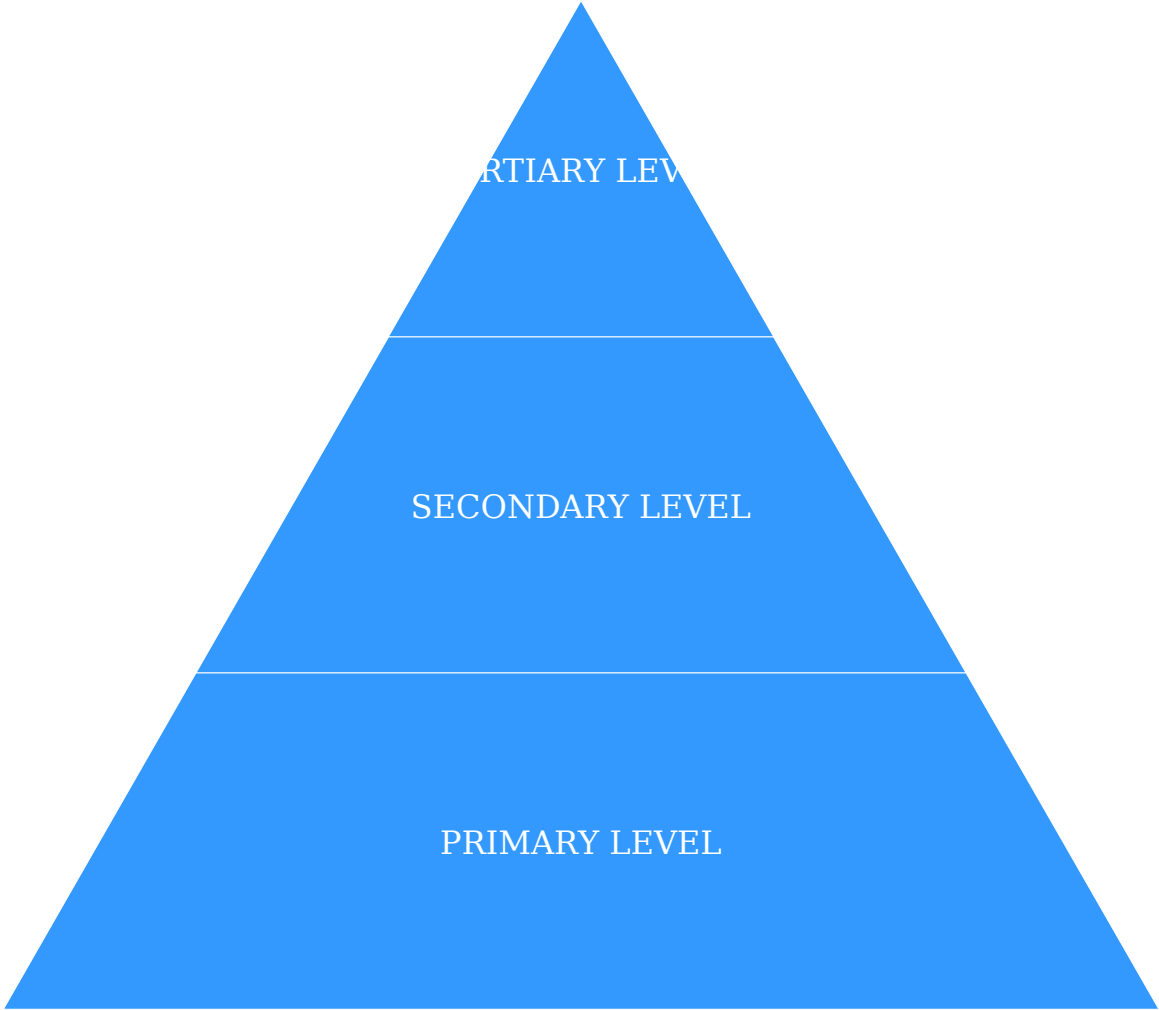
- Developed “Multidisciplinary Virtual Pain Team Consultation”
- Subgroup of facility pain committee
- Primary and secondary (back up) key people from each discipline
- Support from departmental chiefs and EMT
- More than 10 disciplines on the team
- Regular communication among team members
- Pilot program done in primary care

Objectives

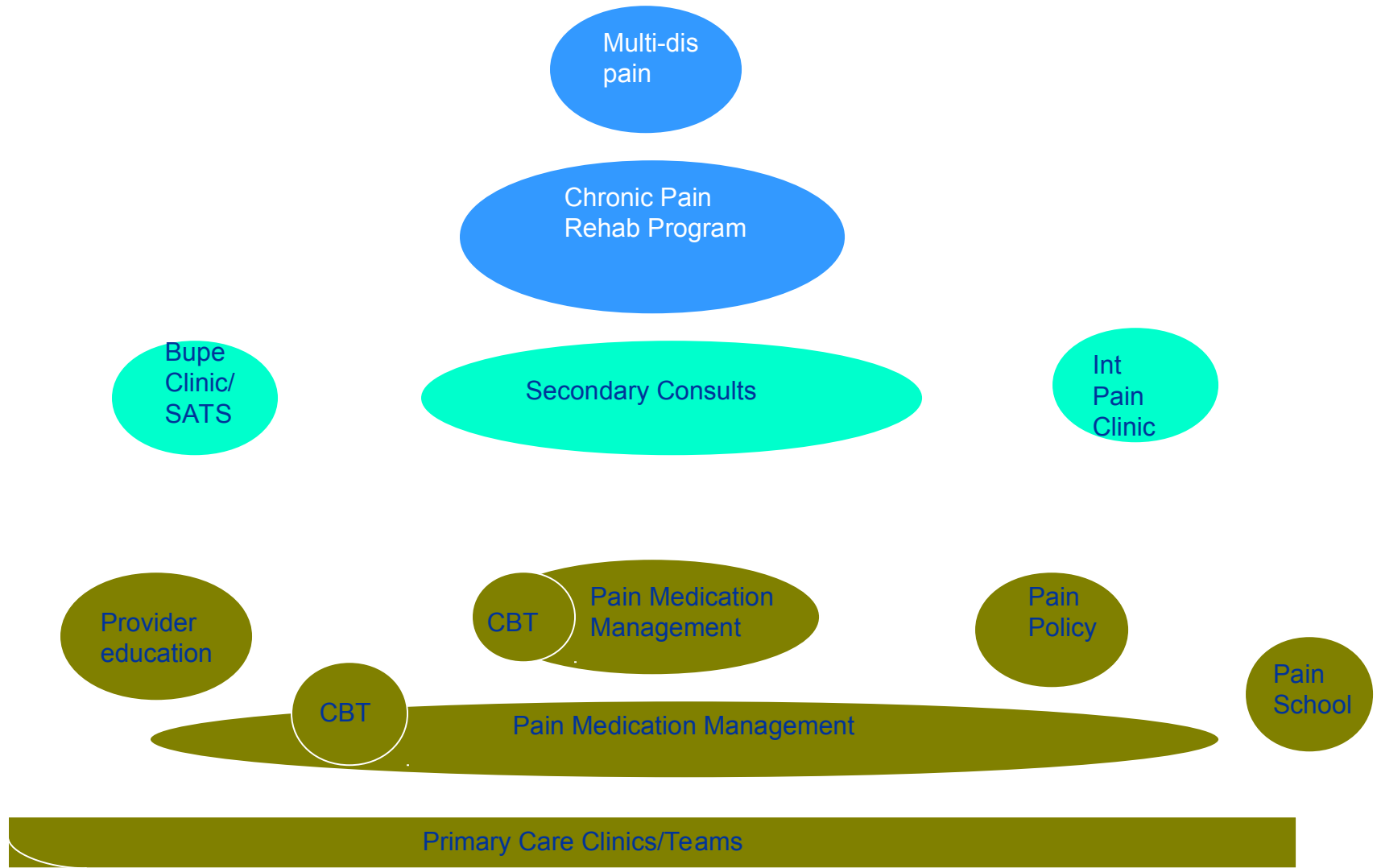
- Progress as facility pain committee
- Progress as VISN pain committee
- Successes
- Struggles
- Next steps

“Multidisciplinary Virtual Pain Team Consultation”

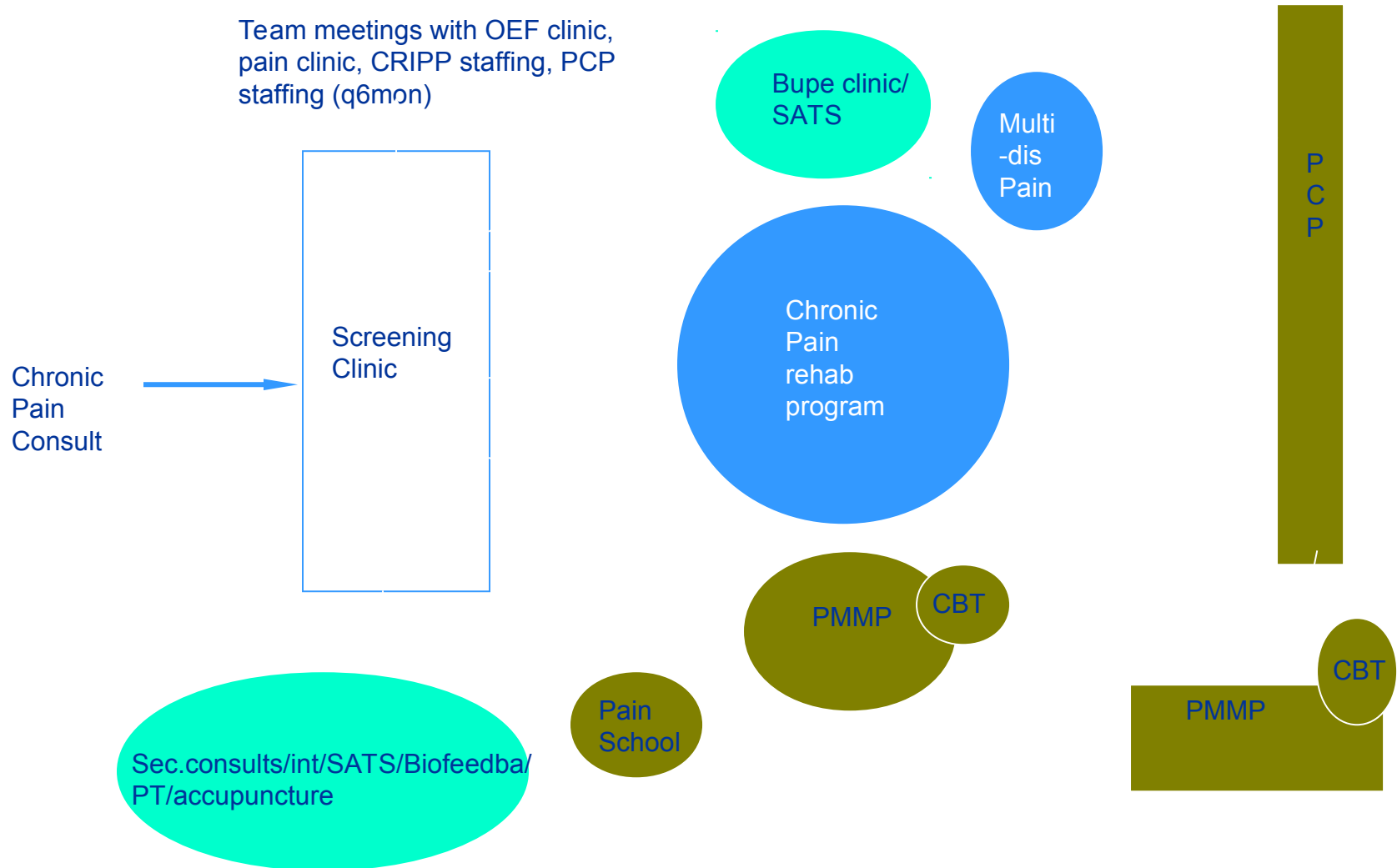
- Developed CPRS consult order, virtual/historical visit/note title/note/alerts
- Chart review by all disciplines prior to case discussion
- Primary care provider gets invited to meeting, short case presentation by PCP....then consultation from all disciplines
- Opportunity for provider education about services from different pain disciplines and pain management
- Support for PCP
- Case example



Proposed Stepped care model for pain



Comprehensive Integrative Pain Program



VISN Ambulatory care council

- “Too many clinical reminders”
- “Not enough support for PCP’s decisions”
- “Lack of access to comprehensive pain services”
- “Lack of pain care standards and policies”
- On-site workshops on chronic pain management for providers
- Pain schools
- ORC
- CBT groups
- Multidisciplinary virtual pain team consultations
- Aquatic therapy
- Interdisciplinary pain rehab programs
- Opioid detox programs
- CAM