

# PAIN MEDICINE ACTIVITIES AT THE UNIVERSITY OF BANJA LUKA IN 2017



Strengthening Capacities for Higher Education of Pain Medicine in Western Balkan countries – HEPMP







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# Strengthening Capacities for Higher Education of Pain Medicine in Western Balkan countries – HEPMP



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### List of Abbreviations

CBHE Capacity Building in Higher Education

D&E dissemination and exploitation

EACEA Education, Audiovisual and Culture Executive Agency

EC European Commission

EU European Union
GA Grant Agreement
HCWs Health Care Workers
HE Higher Education

HEI Higher Education Institution

HEPMP Higher Education Pain Medicine Project

LLL Life Long Learning

NEO National Erasmus+ Office

PA Project Adviser

PA Partnership Agreement PC Project Coordinator

PCC Partner Country Coordinator

PCs Partner Countries
PCT Partner Country Team

PgCC Programme Country Coordinator

PgCs Program Countries

PgCT Programme Country Team

PM Pain Medicine

PMB Project Management Board QCB Quality Control Board

TL Task Leader
TLs Task Leaders

UB Faculty of Medicine University of Belgrade, Belgrade, Serbia

UBBL Faculty of Medicine University of Banja Luka, Bosnia and Herzegovina

UF Faculty of Medicine University of Florence, Italy

UHDM University Clinical Hospital Centre "Dr DragisaMisovic-Dedinje" Belgrade, Serbia

UK Faculty of Medical Sciences University of Kragujevac, Kragujevac, Serbia

ULj Faculty of Medicine University of Ljubljana, Slovenia

UP Faculty of Medicine University of Podgorica, Montenegro

UR Faculty of Medicine University of Rijeka, Croatia

UT Faculty of Medicine University of Tuzla, Bosnia and Herzegovina

WP Workpackage





### I About the HEPMP project

### 1.1 The HEPMP project summary

Funding: Erasmus+

**Key Action**: KA2 Capacity Building in Higher Education

**Type of project**: Joint Projects

Coordinating Institution: University of Belgrade

The main aim of HEMP project is to increase quality of education in pain medicine in order to contribute to the improvement of public health care services and PCs in line with the Health 2020. In Serbia, Montenegro and Bosnia and Herzegovina there is a significant problem of large percentage of the population who suffers from cancer, rheumatic and neurological diseases, while education in the field of pain medicine is insufficient. In fact, one of the priorities of the strategy Health 2020 improvement of the quality of medical services and continuously adapt to changing patterns of disease. Aim of this project is developing an interdisciplinary program in Pain Medicine at the under / postgraduate studies by applying new methodologies and specific learning outcomes in partner country universities. The introduction of the modernized study program of pain medicine is important for improvement of the quality of higher education that will contribute to improve the health care of the population. Moreover, one of the aims is establishment of academic network that would allow the exchange of knowledge of HCWs in Serbia, Montenegro and Bosnia and Herzegovina. The main tool of this network would be development of educational PAIN REGION WB Network which will enhance regional cooperation and education of pain medicine of all partner country universities.

Also, one of the HEPMP aims is delivering of trainings of pain medicine in order to increase skills and competences of health care workers (HCW) in PCs . Training would be for the two target groups: the first type of courses would be for HCWs who work in primary health care centres and daily dealing with the management of pain medicine, and other types of courses would organized in the form of highly specialized training for interventional treatment of pain for doctors who work in tertiary institutions. During the project will form the learning material in the form of brochures for courses and textbooks on pain.





### **1.2** The HEPMP project consortium

| No | Institution                     | City       | Country                   |
|----|---------------------------------|------------|---------------------------|
| 1  | University of Belgrade          | Belgrade   | Serbia                    |
| 2  | University of Kragujevac        | Kragujevac | Serbia                    |
| 3  | University of Tuzla             | Tuzla      | Bosnia and<br>Herzegovina |
| 4  | University of Banja Luka        | Banja Luka | Bosnia and<br>Herzegovina |
| 5  | University of Montenegro        | Podgorica  | Montenegro                |
| 6  | University of Florence          | Florence   | Italy                     |
| 7  | University of Ljubljana         | Ljubljana  | Slovenia                  |
| 8  | University of Rijeka            | Rijeka     | Croatia                   |
| 9  | KBC Dr. Dragisa Misovic-Dedinje | Belgrade   | Serbia                    |

### 1.3 The HEPMP Managing Board

| No | Name and Last Name                   | Institution                                 |
|----|--------------------------------------|---|
| 1  | Prof. dr <i>Predrag Stevanović,</i>  | University of Belgrade, Project Coordinator |
| 2  | Prof. dr Jasna Jevđić                | University of Kragujevac                    |
| 3  | Prof. dr Vladimir Đukić              | KBC dr Dragiša Mišović                      |
| 4  | Prof. dr Danko Živković              | University of Montenegro                    |
| 5  | Prof. dr Jasmina Smajić              | University of Tuzla                         |
| 6  | Prof. dr Darko Golić                 | University of Banja Luka                    |
| 7  | Prof. dr Anđelo Rafaele De<br>Gaudio | University of Florence                      |
| 8  | Prof. dr Maja Šoštarić               | University of Ljubljana                     |
| 9  | Prof. dr Željko Župan                | University of Rijeka                        |





# II Pain medicine activities at the University of Banja Luka in 2017

Analysing the data regarding the lecturers about pain in undergraduate study at Faculty of Medicine of Banja Luka University we found that the first knowledge about pain students can get at first studying year accepting information about nerves and receptors during Anatomy and Histology classes. First detailed lectures regarding the pain are presented at the second and third year of Faculty during Physiology and Pathophysiology (definition and transmission of pain, type of pain). Through fourth studying year students are getting information about pain at Pharmacology lecturers (drugs used in pain treatment), Internal medicine (pain as symptom, type and pain characteristics in different diseases) and Neurology (type of pain, pain receptors, pain transmission , treatment of pain, headache, cranial neuralgia, painful neck and throat syndromes). During fifth year there are Surgery (pain as symptom in different surgical diseases) and Oncology (carcinoma pain – characteristics, treatment) offering knowledge about pain. During a six-year study of medicine, pain is surrendered for 20 hours on a variety of subjects. One student said the pain was everywhere, and in particular, none of them.

During the specialization of pain, it is learned only on the specialization of Anaesthesia and Intensive Therapy for 1 month.

Analysing the data regarding the lecturers about pain during last year there were held several lecturers at region of Banja Luka University as there are listed below:

| Date of    | Title of lecture            | Venue                           | Number of    |
|------------|-----------------------------|---------------------------------|--------------|
| lecture    |                             |                                 | participants |
| April 2017 | Acute pain                  | Symposium of Urgent<br>Medicine | 120          |
| Jun 2017   | Pain in palliative medicine | Primary Health Care             | 40           |
| Oct. 2017  | Pain therapy                | Primary Health Care             | 30           |





According to the supplied data there is no unique subject to which the students acquire wide knowledge about the definition, ethology, epidemiology, physiology, assessment and treatment of pain. From the other point view of, there could be more lecturers regarding pain medicine for medical practitioners. Activities should be directed to raising awareness about pain in community by organizing different courses, talking at public media, publishing of brochures with elementary information about pain. These activities should emphasis significance of knowledge of all aspects of pain and importance of introducing a unique subject on pain medicine during undergraduate studying.





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