

HEPMP Project Meeting University of Ljubljana



Strengthening Capacities for Higher Education of Pain Medicine in Western Balkan countries – HEPMP







Project title	Strengthening Capacities for Higher Education of Pain Medicine in Western Balkan countries
Project acronym	НЕРМР
Project reference number	585927-EPP-1-2017-1-RS-EPPKA2-CBHE-JP
Coordinator	University of Belgrade
Project start date	October 15, 2017
Project duration	36 months

Event	Training of the existing teaching staff from Partner Countries at Programme Countries March 12-16, 2018
Type of event	Meeting
Venue	Ljubljana
Date	March 12-16,2018
Organizer	Univerity of Ljubljana, Medical Faculty
Reporting date	1.4.2018
Report author(s)	Maja Šoštarič

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partners' universities.



EVENT DESCRIPTION

with special reference to goals and outcomes

The University of Ljubljana organized the meeting as the part of Erasmus + programme HEPMP. The Faculty of Medicine Ljubljana and University Medical Centre Ljubljana were recognized as partners in this project who could offer knowledge and good experience for improvement pain medicine in partner countries from West Balkan especially in undergraduate education, perioperative and obstetric pain management.

Programme consisted of lectures and visiting the departments in MF and UMC Ljubljana.

The first day of the meeting was dedicated to the introduction of undergraduate and post graduated education at MF Ljubljana and introduction of curriculum of specialization of anesthesiology, reanimatology and perioperative intensive care. In the discussion, the participants agreed that there is still space to improve the education on pain medicine especially in the undergraduate programme. The plan was made to implement pain medicine as obligatory and optional subject at the

On the second day, the participants visited the Pain clinic which is a part of Clinical department of anesthesiology and perioperative Intensive Care at UMC Ljubljana. The clinic is established interdisciplinary with cooperation of anesthesiologists, neurologists, orthopedics and psychiatrists. The Pain clinic is also the leading institution in the education of other specialists who are involved in pain management as general practitioners, pediatrician, surgeons and others. In the





discussion, everyone agreed that the possibilities for the exchange of the experts' opinion will improve with the introduction of platform for pain medicine.

Pain management in obstetrics in UMC Ljubljana was not entirely introduced in the everyday clinical practice since a few years ago. With the well-planned education and development of protocols for pain management a progress was achieved in this field in UMC Ljubljana. The experience how to improve clinical practice for obstetric pain management was presented by the team of anesthesiologists and obstetrician. The participants from partners' universities discussed the currently practice in their countries.

The lectures on the fourth day of the meeting were dedicated to the development of acute pain service in the UMC Ljubljana. In Ljubljana, acute pain service treating mainly pain after surgery has a 20 years tradition. Acute pain service was established 20 years ago as the part of Clinical department of anesthesiology and perioperative intensive care. The main task of the service is to develop program and protocols for postoperative pain management. For this purpose, special form and protocols for the evaluation of management of postoperative pain was introduced. The group of experts in this field are the leading in the education of hospital staff who is included in postoperative pain management. The plan is to organize the courses in the partners' countries for the education of surgical staff and to adopt the protocols for the postoperative pain management. The participants came to the conclusion that a lot has been done in the partners' countries already but postoperative pain management is still not routinely a part of post-operative treatment of surgical patients. To routinely assess the intensity of pain postoperatively and record it as the fifth vital signs is the first step that should be done in partners' countries. All the participants decided to organize courses to train the teachers who would be able to continue the education and establish the Acute pain service as a part of all anesthesiology departments. The experts from programme countries are willing to





cooperate and transfer their experience. The protocols and education program will be adopted, modified if necessary and introduced in every day clinical practice.

The last day was dedicated to discussions about research and publication on pain management. They all agreed that also this subject is important to improve pain management on all levels.

The participants visited two simulation centers as the modern education methods involve work in simulation center and discussed the possibilities to establish education for pain management.

The members of Erasmus + HEPMP program plan activity:

- 1. organization 'teach the teachers' course for postoperative pain management
- 2. introduction of pain assessment into every day clinical practice as the fifth vital sign
- 3. introduction of subject Pain medicine in the undergraduate education on the Universities
- 4. organization of course for improvement of obstetrics pain management.





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LIST OF PARTICIPANTS - HEPMP, March 12-16, 2018

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Prof.dr. Ljiljana Kezunović – Team member			
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Prof. dr. Tomaž Marš, dr.med. – Vice Dean, Head Erasmus Program at Faculty of Medicine			
Prof.dr. Vesna Novak Jankovič, dr.med. – Head, Clinical Department of Anesthesiology and Perioperative Intensive Care, UMC			
Assoc. prof.dr. Maja Šoštarič, dr.med. – Head Department of Anesthesiology and Reanimatology, Faculty of Medicine – President Society of Anesthesiology and Intensive Care			
Prof.dr. Tatjana Stopar Pintarič, dr.med., Head, Office of Obstetric Anesthesia Clinical Department of Anesthesiology and Perioperative Intensive Care, UMC			
Assoc. prof.dr. Neli Vintar, dr.med. – Head, Office of Acute Pain Managment, Clinical Department of Anesthesiology and Perioperative Intensive Care, UMC			
Assoc. prof. Miha Lučovnik, dr.med. – Specialist Obstetric and Gynaechology			
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Ana Pekle Golež, dr.med. – Head, Department of Oncological Anesthesiology and Intensive Care, Institute of Oncology Ljubljana			
Asist.dr. Aleksander Stepanović, dr.med. – Specialist, Family Medicine			
Iva Blajić, dr.med. – Specialist, Anesthesiology, Reanimatology and Perioperative Intensive Care Medicine, UMC			
Blaž M. Geršak, dr.med. – Resident, Anesthesiology, Reanimatology and Perioperative Intensive Care Medicine; UMC			
Vesna Svilenković, registered nurse – Head nurse, Acute Pain Managment, Clinical Department of Anesthesiology and Perioperative Intensive Care, UMC			

BEOGRAD - KBC DR. DRAGITA MIJOVIC' - DEDIN

BANJA WHA - UKC REPUBLIKE SPPSKE - DR SCHED. ZORAN VUKOJEVIĆ BANJA WHA - UKC REPUBLIKE SRPSKE PROF DR DARKO GOUĆ

LIST OF PARTICIPANTS – HEPMP, March 16, 2018

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LJUBLJANA			
Assoc. prof.dr. Maja Šoštarič, dr.med.			
Ana Pekle Golež, dr.med.			



The agenda of the meeting of the Management board of the project

- 1. The introductory word of the host Prof. Maja Šoštarič
- 2. Approval of the minutes and reports from the first meeting of the board at the kick off meeting in Belgrade (material on the HEPMP website) Prof. Predrag Stevanović
- 3. Information about the introduction of a new partner in the project consortium Prof. Predrag Stevanović
- 4. Guidelines on Reporting and Budgeting of Project Activities Slavica Petričević
- 5. Project Tracking App Development Report Prof. Predrag Stevanović
- 6. Notice of the development of the Pain Forum with the proposed categories and topics Prof. Predrag Stevanović
- 7. Miscellaneous (please, within this point, we try to clarify everything that seems to us to be obscure about the good conduct of the project's activities)

Dnevni red sastanka upravnog odbora projekta

- 1. Uvodna reč domaćina Prof Maja Šoštarič
- 2. Usvajanje zapisnika sa prvog sastanka borda na kick off mitingu u Beogradu (materijal na sajtu HEPMP) Prof. Predrag Stevanović
- 3. Informacija o uvodjenju novog partnera u konzorcijum projekta Prof. Predrag Stevanović
- 4. Uputstva o izveštasvanju i budzetiranju aktivnosti projekta Slavica Petričević
- 5. Obaveštenje o razvoju aplikacije za prikupljanje i praćenje izveštavanja (Project Tracking App) Prof Predrag Stevanović
- 6. Obaveštenje o razvoju Pain Foruma- sa predloženim kategotijama i temama Prof. Predrag Stevanović
- 7. Razno (molim vas da u okviru ove tačke probamo da razjasnimo sve ono sto nam se čini nejasnim za dobro sprovidjenje aktivnosti projekta)

08.03.2018.

Project coordinator

Prof. Predrag Stevanović