

**Strengthening Capacities
for Higher Education of
Pain Medicine in Western
Balkan Countries - HEPMP**



Co-funded by the
Erasmus+ Programme
of the European Union

HEPMP

Higher Education Pain Medicine Project

Management Board Meeting

Belgrade

September 2019



Co-funded by the
Erasmus+ Programme
of the European Union

HEPMP

Higher Education Pain Medicine Project

FUTURE SCHEDULE IN HEPMP FROM RIJEKA





Co-funded by the
Erasmus+ Programme
of the European Union

HEPMP

Higher Education Pain Medicine Project

FUTURE SCHEDULE IN HEPMP

Tuzla, November 2019

Active participation on the Congress

Lecture:

- **Regional anesthesia techniques in traumatized patients –
Vlatka Sotošek, MD, PhD**



DISSEMINATION OF THE USG REGIONAL ANESTHESIA AND ANALGESIA THROUGH PROJECT PARTNERS

USG regional anesthesia and analgesia

- ✓ Lectures and demonstration of ultrasound guided blocks of upper and lower limbs
- ✓ Adoption of the hand free technic
- ✓ Discussion and recommendations
 - ⇒ how to found best option of education and implementation of USGRAA



Co-funded by the
Erasmus+ Programme
of the European Union

HEPMP

Higher Education Pain Medicine Project



TRAINING OF TRAINERS

Ultrasound-guided upper extremities blocks

- ❖ Interscalene block
- ❖ Supraclavicular block
- ❖ Axillary block



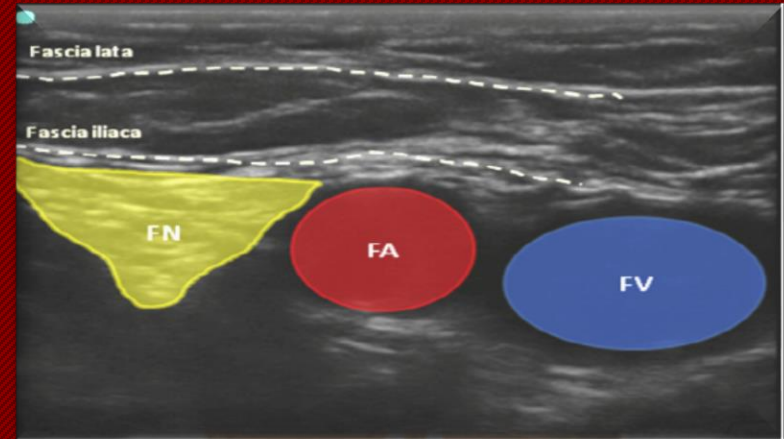
Co-funded by the
Erasmus+ Programme
of the European Union

HEPMP
Higher Education Pain Medicine Project



Ultrasound-guided lower extremities blocks

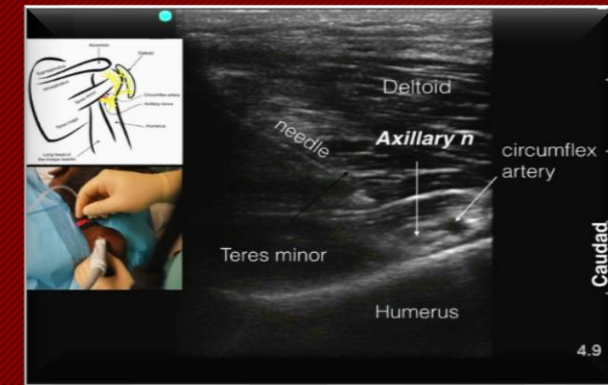
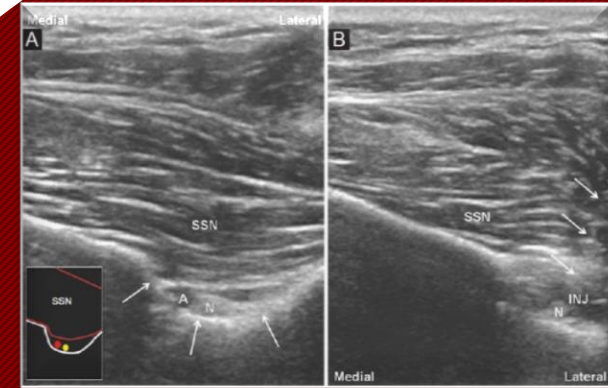
- ❖ Femoral block
- ❖ Obturator block
- ❖ Popliteal block





Ultrasound-guided analgesia blocks of the upper and lower extremities

- ❖ **Shoulder analgesia**
 - **suprascapular nerve block**
 - **axillary nerve block**
 - **suprasspinatus block**
- ❖ **Femoral cutaneous block**
- ❖ **Peroneus nerve block**
- ❖ **Plantar fasciitis block**



USG regional anesthesia and analgesia workshops ⇒ schedule planner

⇒ Beograd

⇒ Tuzla

⇒ Podgorica

⇒ Banja Luka



Co-funded by the
Erasmus+ Programme
of the European Union

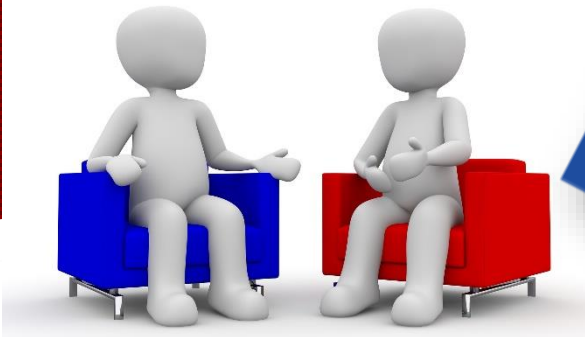
HEPMP

Higher Education Pain Medicine Project



When, who, how ...!?





Co-funded by the
Erasmus+ Programme
of the European Union

HEPMP
Higher Education Pain Medicine Project

