

# Reporting – Board Meeting

## BG 27<sup>th</sup> September 2019

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Univerza v Ljubljani



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Project number: 585927-EPP-1-2017-1-RS-EPPKA2-CBHE-JP (2017 – 3109 / 001 – 001)

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# University Ljubljana

- Program partner HEPMP
- Implementation of Acute pain Service
- Pain Clinic
- March 12<sup>nd</sup> – 16<sup>th</sup> March 2018

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# Contribution of HEPMP

- Medical Faculty – lectures of pain medicine in other preclinical subjects
- Intensify educations of anesthesia residents
- Changing the name of specialization Anaesthesiology, Pain Medicine and Intensive Care Medicine

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# Additional knowledge of Pain Medicine

- Organized by SZAIM and SZZB at SZD
- Program organized as 3 sets of 2 days each
- For MD different specialists
- EFIC curriculum
- Starts November 2019

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# Program

## 1<sup>st</sup> set

- **DEFINICIJA BOLEČINE**
- **KULTUROLOŠKI, ETIČNI IN PRAVNI VIDIKI BOLEČINE**
- **ANATOMIJA IN NEVROFIZIOLOGIJA BOLEČINSKIH POTI**
- **TAKSONOMIJA BOLEČINE**
- **METODE OCENJEVANJA BOLEČINE**
- **FARMAKOTERAPEVTSKI PRISTOP OBVLADOVANJA BOLEČINE**
- **FARMAKOLOGIJA NEOPIOIDNIH ANALGETIKOV: paracetamol in metamizol**
- **FARMAKOLOGIJA NEOPIOIDNIH ANALGETIKOV: NSAR**
- **ADJUVANTNI ANALGETIKI: antidepresivi , antiepileptiki**
- **KANABINOIDI**
- **PLACEBO ANALGEZIJA**
- **FARMAKOLOGIJA OPIOIDNIH ANALGETIKOV**
- **UPORABA OPIOIDOV V ZDRAVLJENJU NEONKOLOŠKE BOLEČINE; uvajanje opioidov, vzdrževanje in prenehanje zdravljenja z opioidi**
- **ODVISNOST / TOLERANCA /HIPERALGEZIJA / OPIOFOBIJA**
- **ROTACIJA OPIOIDOV**
- **OBRAVNAVA PACIENTA: anamneza, klinični pregled, psihosocialna ocena, diagnostika**

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# Program

## 2<sup>nd</sup> set

- **PRISTOP K OBVLADOVANJU AKUTNE IN KRONIČNE BOLEČINE**
- **AKUTNA / POOPERATIVNA / POSTTRAVMATSKA BOLEČINA**
- **OBVLADOVANJE BOLEČINE OB URGENTNIH STANJIH**
- **MIŠIČNO SKELETNA BOLEČINA**
- **AKUTNA IN KRONIČNA BOLEČINA V KRIŽU**
- **OBVLADOVANJE BOLEČINE PRI REVMATSKIH OBOLENJIH**
- **FIBROMIALGIJA : razlikovanje psihosomatske in mišično skeletne bolečine**
- **KOMPLEKSNI REGIONALNI BOLEČINSKI SINDROM**
- **VISCERALNA BOLEČINA**
- **NEVROPATSKA BOLEČINA**
- **POSTHERPETIČNA NEVRALGIJA**
- **BOLEČINA PRI NEVROLOŠKIH IN NEVRODEGENERATIVNIH OBOLENJIH**
- **ATIPIČNA OBRAZNA BOLEČINA IN NEVRALGIJA TRIGEMINUSA**
- **GLAVOBOLI: EPIDEMIOLOGIJA, KLASIFIKACIJA**
- **PATOFIZIOLOGIJA IN ZDRAVLJENJE GLAVOBOLOV**
- **BOLEČINA PRI METABOLNIH OBOLENJIH**
- **DIABETIČNA NEVROPATIJA**
- **FIZIKALNA TERAPIJA 1**
- **FIZIKALNA TERAPIJA 2: program za obvladovanje razširjene kronične bolečine**
- **PSIHOLOGIJA IN PSIHOLOŠKI PRISTOPI: KOGNITIVNI/VEDENJSKI/SOCIALNI DEJAVNIKI**
- **PSIHIATRIČNA IN PSIHOSOMATSKA OBOLENJA IN BOLEČINA**
- **ZDRAVLJENJE JATROGENE ODVISNOSTI OD OPIOIDOV**
- **OBVLADOVANJE BOLEČINE PRI STAROSTNIKU IN DEMENCI**
- **OBVLADOVANJE BOLEČINE PRI UPORABNIKU PREPOVEDANIH DROG**

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# Program

## 3<sup>rd</sup> set

- **OBVLADOVANJE BOLEČINE PRI RAKAVIH OBOLENJIH**
- **PREBIJAJOČA BOLEČINA**
- **OBRAVNAVA BOLNIKA Z NAPREDOVALO RAKAVO BOLEZNIJO V PALIATIVNEM TIMU**
- **PROTIBOLEČINSKA AMBULANTA**
- **ELASTOMERNE ČRPALKE: PREDPISOVANJE ANALGETIKOV IN ORGANIZACIJSKI VIDIK**
- **RADIOTERAPIJA ZA OBVLADOVANJE RAKAVE BOLEČINE**
- **INVAZIVNE METODE OBVLADOVANJA BOLEČIN**
- **VLOGA DRUŽINSKEGA ZDRAVNIKA**
- **VLOGA KLINIČNEGA FARMACEVTA**
- **VLOGA DIETETIKA**
- **NEFARMAKOLOŠKI PRISTOPI**
- **METODA ČUJEČNOSTI**
- **AKUPUNKTURA**
- **MEDICINSKA HIPNOZA**
- **VLOGA FIZIOTERAPEVTA**
- **VLOGA OSEBNEGA TRENERJA**
- **EDUKACIJA BOLNIKA: VLOGA BOLEČINSKE SESTRE/TEHNIKA**

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# Additional knowledge Acupuncture

- Organized by ZA and SZZB at SZD
- School of Acupuncture
- Lectures of pain treatment with acupuncture

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# HYPNOS 2018

- Acute pain management - experience from Ljubljana

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# Meeting organized by SZAIM Oct. 15<sup>th</sup>

- Effective management of acute postoperative pain
- Plan for implementation APS in every hospital

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# Future plans

- Courses at partners universities and countries
  - How to implement APS
  - Teach the Teachers Course
- November Banja Luka and Tuzla

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# Courses program

- Target public: anesthesiologists, surgeons, nurses, hospital management
- Objectives
  - Acute pain management
  - Evaluation of pain
  - Recording pain as 5<sup>th</sup> vital sign on every surgical departments
  - Postoperative pain treatment prescribed by anaesthesiologists
  - Standard operative protocols for postoperative pain management
  - Pain nurse
  - Multimodal techniques
  - Analysis
  - Quality control

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## Informations which should be provided by partners countries

- Dates of courses should be planned in advance at least 1-2 months
- Estimated percentage of different types of surgery
- Most frequent technics and methods for postoperative pain treatment
- Current analgesic mixture daily used